

伝統岩間流

## Invitation

# Seminar with KAI-CHO HITOHIRO SAITO

BERLIN – KIENBAUM, GERMANY

12 – 13 – 14 OCTOBER 2007



岩間に残されました剣・杖・体術の理合は  
開祖の御技であり、父、齋藤守弘は  
「開祖の技を守る」と、繰り返し、  
行ってきました。  
岩間神信合気修練会は、父の技を守り、  
開祖の神技を探求する為に禊・鎮魂の  
行を進め、通して精進いたします。

### SENSEI

It is with great pleasure that we can welcome HITOHIRO SAITO SENSEI again in Berlin, Germany.

Hitohiro SAITO Sensei is the son of the late Morihiro SAITO Shihan, keeper of the Aiki Shrine and Iwama Ibaraki Dojo until his passing in 2002. Sensei is introducing the old Aikido techniques in Tai Jutsu as well as Buki Waza, taught by the Aikido founder Morihei UESHIBA and also by Hitohiros father.

Hitohiro SAITO Sensei conducts seminars all over the world. This seminar offers an exceptional opportunity to train again under his guidance in Germany.

### ORT



The Seminar takes place in the German Federal Sports Center of Berlin – Kienbaum.

The small town Kienbaum is situated close to Grünheide (PLZ 15537 Puschkinstrasse 2), about 35 km in the east of the capital of Berlin.

Roadmap to Kienbaum: <http://www.kienbaum-sport.de/de/buchung-infos/anfahrt.html>

For further information please download the map of the Sports Center:  
[http://www.kienbaum-sport.de/fileadmin/user\\_upload/pdf/kienbaum\\_sport\\_anlage.pdf](http://www.kienbaum-sport.de/fileadmin/user_upload/pdf/kienbaum_sport_anlage.pdf).

## TRAINING SCHEDULE

### Friday, 12th of October 2007

13:00 – 15:30 h Registration → please read also on page # 4

--- *check in your rooms* ---

16:00 – 17:15 h Keiko Nr. 1

17:30 – 18:45 h Keiko Nr. 2

--- *Dinner* ---

### Saturday, 13th of October 2007

06:30 h Meditation

07:00 - 08:15 h Special Keiko Nr. 1 (from 1. Kyu)

--- *Breakfast* ---

10:00 - 11:15 h Keiko Nr. 3

11:30 - 12:45 h Keiko Nr. 4

--- *Lunch* ---

14:30 - 16:00 h Free for Dan Tests or private meeting with Sensei

16:30 - 17:45 h Keiko Nr. 5

18:00 - 19:15 h Keiko Nr. 6

19:15 h Group photo / Dojo photos with Sensei

--- *Dinner* ---

### Sunday, 14th of October 2007

06:30 h Meditation

07:00 - 08:15 h Special Keiko Nr. 2 (from 2. Dan)

--- *Breakfast* ---

10:00 - 11:15 h Keiko Nr. 7

11:30 - 12:45 h Keiko Nr. 8

--- *Lunch* ---

--- *Departure* ---

The training hall (dojo) is situated in the area of „Kienbaum II“ and you will find it in the map marked with Nr. 22.

To be always up to date with the schedule – it can be possible that Sensei will change some details in the schedule – please check from time to time our Intranet page

<http://iwamajuku.de/> and make your registration to the Mailing-List. You will receive the latest schedule by registration in Kienbaum.

The regular Seminar contains 8 Aikido lessons (each 1 h 15 min). There will be also 2 Special Keiko (each 1h 15 min): one of the Special Keiko is limited from 1 Kyu; the other from 2. DAN.

If Sensei accepts there will be the possibility to have Yudansha Tests during the Seminar or to look at the tests. If you plan to have a Yudansha test during the Seminar, please ask your Dojochō to give as soon as possible an advice to Nicki Schwierzock. He will talk to Sensei and plan the schedule before Seminar starts.

## ACCOMODATION

The Sports Center Berlin – Kienbaum is situated on an idyllic area along the south side of lake Liebenberger See. The participants will have their accommodation in twin- or tree-bed rooms with private bath-room close to the Training hall (dojo). The rooms have been renovated in 2002

and correspond with national Hotel standard. The accommodation is located in the area of "Kienbaum II" and marked in the map with Nr. 20.

We recommend all participants to use the accommodation in Kienbaum as the capital of Berlin is too far away to come and go every day. Sorry, but there is no possibility to sleep in the Dojo.

## MEAL

All meals will be taken in the central Dining Hall of the Sports Camp. There will be 3 meals (breakfast, lunch and dinner with good and typical German food), that you can take in kind of self service, starting on Friday with dinner and completing on Sunday with lunch. According the breakfast there will be free coffee, tee, milk and juice. According lunch and dinner there is free tee. If you like other drinks, there is a saleroom close to the Dinning Hall.

## SEMINAR FEE and PAYMENT

Complete Seminar (Keiko 1 – 8)	Euro 110
Each Special Keiko (Samstag or Sonntag)	Euro 30
Seminar only Friday afternoon (Keiko 1 + 2)	Euro 40
Seminar only Saturday morning (Keiko 3 + 4)	Euro 40
Seminar only Saturday afternoon (Keiko 5 + 6)	Euro 40
Seminar only Sunday morning (Keiko 7 + 8)	Euro 40
2 Accommodations in twin- or tree-bed rooms with bath room in the central housing area close to the dojo	Euro 36
Complete Meal for 3 days (Friday dinner to Sunday lunch)	Euro 40

## ONLINE - REGISTRATION

Please use the online registration for direct transfer of your request.

**Link = <http://iwamajuku.de/67.0.html?&L=3>**

Please take care that the seminar costs are only valuable up to **deadline 22<sup>nd</sup> of Sept. 2007**  
After this date the costs will increase up to 25%.

The costs have to be paid by Banc transfer. After your online registration we will send you immediately an Email with the Seminar confirmation to the Email-Address from your registration and again the detailed Banc Address, IBAN and BIC-Numbers as you can see below.

## BANK ADDRESS AND COORDINATES

### For Participants outside Germany:

Owner	Schwierzock Norbert
International Banc Coordinates	IBAN DE44 7635 0000 1060 0102 59
	BIC BYLADEM1ERH
Motivation	Hitohiro Berlin 2007

**For Participants within Germany:**

Kontoinhaber	Schwierzock Norbert
Bank:	Sparkasse Erlangen
Bankleitzahl (BLZ)	763.500.00
Kontonummer:	1060 0102 59
Verwendungszweck:	Hitohiro Berlin 2007

**FURTHER INFORMATIONEN**

We very welcome all participants from other national or international associations or federations to the German Aikido Seminar with Kai-cho HITOHIRO SAITO SENSEI. Please bring your own weapons (Jo, Bokken, Tanto). Hakama may be worn only up from 1<sup>st</sup> Dan (Shodan).

We ask all participants to take care that they are fully ensured for Aikido practice. The Organizer can not be liable for any injury or illness within / after the Seminar.

For **further information** please contact:

„Nicki“ Norbert Schwierzock, Iwama Ryu Erlangen  
Phone +49 9131 60 21 35 oder Mobile +49 170 33 48 788  
[Mailto:norbert.schwierzock@siemens.com](mailto:norbert.schwierzock@siemens.com)

**PLEASE READ ALSO****Registration when you come to the Sports Camp Berlin - Kienbaum**

Please follow the signpost "AIKIDO" from the entrance along the main road crossing the Sports Camp to the area "Kienbaum II". There you will find the Registration in the central accommodation building. Please inform yourself on the map (Nr. 20).

**Parking areas**

You can enter the Sports Camp by your own car and use the parking area close to the Accommodation building. Please don't park your car in the lawn.

**Dojo rules**

We ask all participants of the Seminar to respect the usual Dojo rules and the Aikido etiquette. Persons who cannot respect these rules from their cultural or religious background are asked not to take part on the Seminar.

It is not allowed to curse, to create or to show other forms of bad behavior during the Seminar. During the Aikido lessons, please talk only the necessary with your partner. Sensei will go around and give you hints for practice.

Please sit down in an upright position (Seiza) during ceremony. Sensei will clap **4 times** to the Kamiza before and after Keiko. Please do the same.

**We ask all participants to be 10 minutes before each lesson starts on the Tatami.**

**Foto and Video**

If Sensei allows only one person from the Organization will be allowed to take Photos or Video. The Participants of the Seminar cannot do this.

We will ask Sensei to take a **Group photo** after the Aikido lesson on Saturday afternoon. If Sensei also allows: every country or group will have the possibility to make photos with Sensei before the Kamiza. Please be prepared with your camera.

**Mobile phone**

Please switch off your mobile during all Aikido lessons.

**Your Property**

Every participant has to take care for his own properties. The Organization can not be liable for any lost.

**Meditation**

You are free to take part on the every morning 16 minutes meditation with Sensei. Please bring socks or pullover and a cushion, if you need it.

**Aikido training outside the dojo**

Depending on good weather, it can be possible that Sensei decides to train with weapons outside the dojo on a football area. Please be prepared with good shoes. Better not to use slippers.

**Aikido Passport**

If you want to have the Seminar stamped in your Aikido Passport, please hand it over in the moment of your arriving and registration in the Sports Camp. Please note the date and place of the Seminar by your own in your Passport, so that Sensei needs only to stamp. All Passports will be placed on **Sunday** morning in the Dojo to take away. Don't miss to take away your Aikido Passport before leaving the Seminar.

**Smoking**

Smoking is not allowed in the whole Sports Camp

**VISA REQUEST**

We ask for your understanding that we do not have the capacity and possibility to take care for any personnel Visa. If you need Visa for coming to the Aikido Seminar to Germany, you need to take care personally for that. Thank you.

We wish you a pleasant stay.

With best regards,  
Iwama Shin Shin Aiki Shurenkai Germany